

## APPENDIX

## Changes to Claims:

The following are marked-up versions of the amended claims:

4. (Amended) The health food product according to claim 1 ~~any of claims 1 to 3~~ wherein a vitamin is admixed.
5. (Amended) The health food product according to claim 1 ~~any of claims 1 to 4~~ wherein at least one member selected from crude drugs is admixed.
6. (Amended) The health food product according to claim 1 ~~any of claims 1 to 5~~ wherein the crude drug is one or more members selected from the group consisting of Ginseng (Panax Ginseng or Ginseng Radix), Codonopsis Radix, Pseudostellariae Radix, American Ginseng, Astragali Radix, Atractylodis Rhizoma, Dioscoreae Rhizoma, Glycyrrhia (Glycyrrhizae Radix), Jujube Fruit (Zizyphi Fructus, Zizyphus vulgaris), Dulcium (malt sugar derived from Oryza seed), Polygonati Rhizoma, and 四葉参 (シヨウジン) ("SHI-YO-U-JIN" as pronounced in Japanese).
7. (Amended) The health food product according to claim 1 ~~any of claims 1 to 6~~ wherein the crude drug is one or more members selected from the group consisting of Crataegi Fructus, Massa Medicata Fermentat, Raphani Semen, Fructus Hordei Germinatus, 穀芽 (コクガ) ("KOKU-GA" as pronounced in Japanese; Fructus Oryzae Germinatus), Galli Stomachichum Corium, and Asa Foetida.